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### Engaging Families to Focus on Intervention Strategies

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## Engaging Families to Focus on Intervention Strategies

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# MILITARY FAMILIES LEARNING NETWORK

Engaging Families to Focus on Intervention  
Strategies

<https://learn.extension.org/events/2587>

U.S. DEPARTMENT  
OF DEFENSE



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# MILITARY FAMILIES LEARNING NETWORK

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# Today's Presenter

Carol Trivette, PhD

- Associate Professor at East Tennessee State University, Johnson City, TN
- Co-chair on the development of the first DEC position statement related to child abuse
- Research interests:
  - Responsive parental interactions with their children with disabilities
  - Family-centered practices and family support
  - Development of tools and scales to support the implementation of evidence-based practices with fidelity





# Engaging Families to Focus on Intervention Strategies

Carol M. Trivette, Ph.D.  
East Tennessee State University  
Johnson City, TN

# Objectives

1. Learn about strategies to increase parent participation in home visits and/or therapy sessions
2. Explore strategies to engage a deployed parent in home visits and/or therapy sessions
3. Observe professionals working to enhance parents' use of effective intervention strategies
4. Explore tools that promote reflection on practices to engage families

# Increasing Parent Participation in Sessions

- **Meet the family where they are...**
  - In the planning of what you are doing AND
  - In every encounter follow the parent and child's lead, be there with them.....
- **In every interaction, build the parent's competence and confidence.**
- **Think about adult learning and how it fits into your work.**



# DEC Recommended Practices

- Division for Early Childhood, Council for Exceptional Children
- DEC Recommended Practices  
<http://www.dec-sped.org/recommendedpractices>
- Factors that influence the selection of the practices:
  - Highest expected leverage and impact on outcomes
  - Supported by research, values, and experience
  - Observable
  - Not disability specific
  - Deliverable in natural environments in the home

# DEC Recommended Practices

- The seven topic areas provide guidance for practitioners:
  - Assessment
  - Environment
  - **Family**
  - Instruction
  - Interaction
  - Teaming and Collaboration
  - Transition

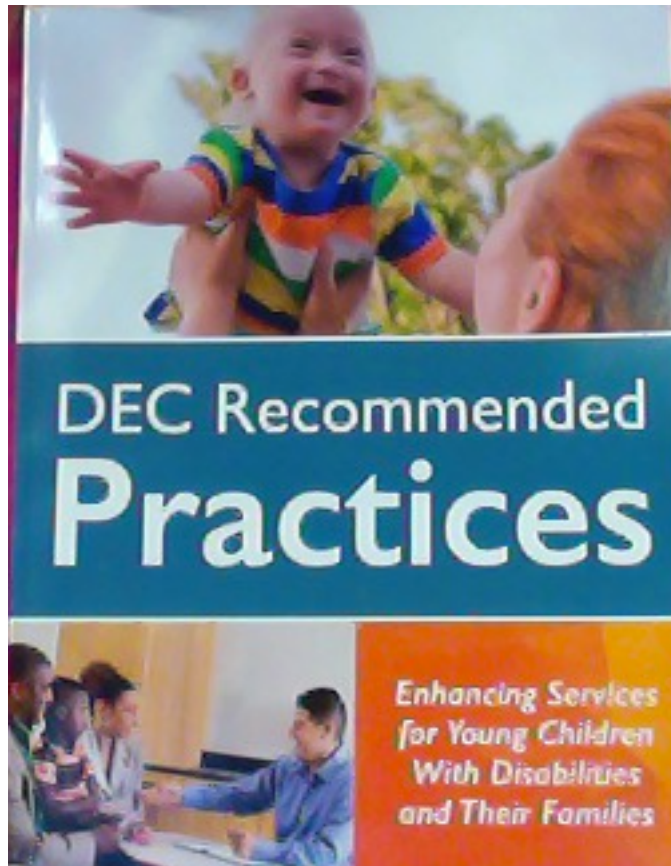


# Family Practices Themes

1. Family-centered practices
2. Family capacity-building practices
3. Family and professional collaboration



# Family DEC Recommended Practices



<http://www.dec-sped.org/recommendedpractices>

# Focus On...

- F1. Practitioners **build trusting and respectful partnerships** with the family **through interactions that are sensitive and responsive** to cultural, linguistic, and socioeconomic diversity.
- F5. Practitioners support family functioning, promote family confidence and competence, and strengthen family-child relationships by acting in ways that **recognize and build on family strengths and capacities.**

# Focus On...

- F6. Practitioners engage the **family in opportunities that support and strengthen parenting knowledge and skills** and parenting competence and confidence in ways that are **flexible, individualized, and tailored to the family's preferences.**



Father and daughter by Kim Davies, CC BY-NC-ND 2.0



TIME TO CHAT

# What do you see Holly doing?



<https://youtu.be/d5y4Gpsx0RM>  
(3:30 min)

TIME TO CHAT

## What could Holly have done?



<https://youtu.be/jjGVT4yWOYA>  
(2 min)



# Focus On...

- F2. Practitioners provide the family with up-to-date, comprehensive and unbiased information in a **way that the family can understand and use** to make informed **choices and decisions**.
- F4. Practitioners and the family work together to create outcomes or goals, develop individualized plans, and **implement practices that address the family's priorities and concerns** and the child's strengths and needs.

TIME TO CHAT

# What do you see Holly do?



<https://youtu.be/klqHZPuCTqs>  
(4 min)

# The Deployment Cycle

```
graph TD; A[Preparing] --> B[Deployment]; B --> C[Reunion]; C --> D[Reintegration]; D --> A;
```

**Preparing:**  
Logistical and emotional stress; Time to prepare and plan for change

**Deployment:**  
Communication, physical, emotional, and support system changes; Family finds “new routines and figures out ways to cope”

**Reunion:**  
Excitement and anxiety

**Reintegration:**  
Hard work of coming back together

# Engaging a Deployed Parent in Sessions

- Stages of deployment –
  - Pre-deployment
  - Deployment
  - Reunion
  - Reintegration



TIME TO CHAT

How might you engage a deployed parent? What about the parent who prefers to disconnect so they can focus on the mission?

# Focus On...

- F3. Practitioners are responsive to the family's concerns, priorities, and **changing life circumstances**.
- F7. Practitioners work with the family to identify, access, and use **formal and informal resources and supports** to achieve family-identified outcomes or goals.



Family by halahmoon, CC BY-ND 2.0

# Parenting Competence

Parenting knowledge Parenting skills

# Parenting Confidence

Ask open ended questions

Sensitive to concerns

Build on Parent's Ideas

Tailor to family's preferences

# Respectful conversation

Be flexible



# Tools and Strategies To Promote Reflection

- Reflection tools
  - Family-Centered Practices Checklist
  - Family Engagement Practices Checklist
  - Framework for Reflective Questioning



TIME TO CHAT

**What do you hear  
Holly saying?**



[https://youtu.be/ rU9X8fO7E0](https://youtu.be/rU9X8fO7E0)  
(1min)



# Things to remember.....

- Build the capacity of the family to engage with and support their child's development.
- Deployment is a challenge; the changes families experience provide many opportunities for you to support them and build their capacity.



**What is *one significant thing*  
you learned today?**

**What will you use from today and  
share with us at the upcoming  
Lunch & Learn?**



# FAMILY DEVELOPMENT

## Military Families Learning Network

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*We invite MFLN Service Provider Partners  
to our private LinkedIn Group!*

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Branch Services  
Reserve  
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<https://www.linkedin.com/groups/8409844>

# FD Early Intervention Upcoming Event

## Lunch & Learn: Engaging Families in Early Intervention

- Date: June 29, 2016
- Time: 12:30 p.m. Eastern
- Location: <https://learn.extension.org/events/2667>



For more information on MFLN FD Early Intervention go to:  
<https://blogs.extension.org/militaryfamilies/family-development/>

# Evaluation and CE Credit

Through the Early Intervention Training Program at the University of Illinois, providers in Illinois can receive 1.5 hours of Early Intervention credit.

Several states other than Illinois have already agreed to recognize CE units from this webinar. They are: Georgia, Kansas, Kentucky, Ohio, North Carolina, Texas, and Virginia.

All participants may receive a certificate of completion from this webinar after completing an evaluation and post-test. This certificate can sometimes be used to apply for CE credits with your credentialing body if you are not an Illinois provider.

Links and further information will be available at the end of today's presentation

# CE Credit Information

•Webinar participants who want to receive a certificate of continuing education (or just want proof of participation in the training) need to take this **post-test AND evaluation**:

**[https://vte.co1.qualtrics.com/SE/?SID=SV\\_6x3N29hJUIN1NGZ](https://vte.co1.qualtrics.com/SE/?SID=SV_6x3N29hJUIN1NGZ)**

•CE certificates of completion will be automatically emailed to participants upon completion of the post-test & evaluation.

▪Questions/concerns surrounding CE credit certificates can be emailed to this address: **[MFLNFDEarlyIntervention@gmail.com](mailto:MFLNFDEarlyIntervention@gmail.com)**

▪Sometimes state/professional licensure boards recognize CE credits from other states. However, it is necessary to check with your state and/or professional boards if you need CE credits for your field.





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## **FAMILY DEVELOPMENT**

**Military Families Learning Network**

### **Engaging Families to Focus on Intervention Strategies**

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#### **Resources Discussed During Webinar:**

##### **Websites:**

DEC Recommended Practices

<http://www.dec-sped.org/recommendedpractices>

Younggren, N., PhD. (2014, February 11). Military Deployment is Hard, But You Can Help [Web log post].

<http://veipd.org/earlyintervention/military-deployment-is-hard-but-you-can-help/>

Younggren, N., PhD. (2013, October 10). What's the Deployment Cycle for Military Families? [Web log post].

<http://veipd.org/earlyintervention/whats-the-deployment-cycle-for-military-families/>

##### **Self-Reflection Tools:**

Additional Family Engagement Checklists

<http://ectacenter.org/decrp/topic-family.asp>

Family Engagement Practices Checklist

[http://ectacenter.org/~pdfs/decrp/FAM-3\\_Fam\\_Engagement.pdf](http://ectacenter.org/~pdfs/decrp/FAM-3_Fam_Engagement.pdf)

Rush, D. D., Sheldon, M. L., & Rabb, M. (n.d.). CASEtools - The University of New Mexico. "A Framework for Reflective Questioning When Using a Coaching Interaction Style."

[http://www.cdd.unm.edu/ecspd/portal/docs/tta/Refl\\_Questioning\\_in\\_Coaching.pdf](http://www.cdd.unm.edu/ecspd/portal/docs/tta/Refl_Questioning_in_Coaching.pdf)

Wilson, L. L., & Dunst, C. J. (n.d.). "Checklist for Assessing Adherence to Family-Centered Practices."

[http://fipp.org/Collateral/casetools/casetools\\_vol1\\_no1.pdf/](http://fipp.org/Collateral/casetools/casetools_vol1_no1.pdf/)

#### **Additional Useful Resources**

##### **Articles:**

McCormick, K. M., Stricklin, S. N., & Rous, B. (2008). Using eco-mapping to understand family strengths and resources. *Young Exceptional Children*, 11(2), 17-28.

Ridgley, R., & O'Kelley, K. (2008). Providing individually responsive home visits. *Young Exceptional Children*, 11(3), 17-26.

Trivette, C. M. (2015). Using Recommended Practices to Build Parent Competence and Confidence. In R. Banerjee (Ed.), *DEC recommended practices: Enhancing services for young children with disabilities and their families* (Ser. 1, pp. 65-75). Los Angeles, CA: Division for Early Childhood.

### **Books:**

Cook Pletcher, L., & Younggren, N. O. (2013). *The early intervention workbook: Essential practices for quality services*. Baltimore, MD: Brookes Publishing Co.

Division for Early Childhood. (2015). *DEC recommended practices: Enhancing services for young children with disabilities and their families*. Los Angeles, CA: Division for Early Childhood.

Keilty, B. *The early intervention guidebook for families and professionals: Partnering for success*. New York, NY: Teachers College Press

### **Videos:**

Home Visiting: Family Centered Practices (Administration of Children and Families)  
<https://www.youtube.com/watch?v=s8RPrFvY-sk>

Introduction to Early Intervention for Families (Early Intervention Training Program)  
<https://uofi.illinois.edu/blog/view/6039/230963?count=1&ACTION=DIALOG&sort=asc#IntrotoEI>

### **Websites:**

Center for Social and Emotional Foundations of Early Learning – Infant/Toddler Modules  
[http://csefel.vanderbilt.edu/resources/training\\_infant.html](http://csefel.vanderbilt.edu/resources/training_infant.html)

DEC Recommended Practices Performance Checklists  
<http://ectacenter.org/decrp/type-checklists.asp>

Embedded Learning Strategies  
[http://ectacenter.org/~pdfs/decrp/PG\\_Ins\\_NaturalisticInstr\\_parents\\_print.pdf](http://ectacenter.org/~pdfs/decrp/PG_Ins_NaturalisticInstr_parents_print.pdf)

Everyday Activities  
[http://ectacenter.org/~pdfs/decrp/PG\\_Asm\\_AuthenticAsm\\_print.pdf](http://ectacenter.org/~pdfs/decrp/PG_Asm_AuthenticAsm_print.pdf)

Learning Comes Naturally  
[http://ectacenter.org/~pdfs/decrp/PG\\_Ins\\_NaturalisticInstr\\_parents\\_print.pdf](http://ectacenter.org/~pdfs/decrp/PG_Ins_NaturalisticInstr_parents_print.pdf)

OSEP Seven Key Principles of Early Intervention  
[http://www.nectac.org/~pdfs/topics/families/Principles\\_LooksLike\\_DoesntLookLike3\\_11\\_08.pdf](http://www.nectac.org/~pdfs/topics/families/Principles_LooksLike_DoesntLookLike3_11_08.pdf)

Zero to Three – Home Visiting Supporting Parents and Child Development  
<https://www.zerotothree.org/resources/series/home-visiting-supporting-parents-and-child-development>

Zero to Three – Military and Veteran Supports  
<https://www.zerotothree.org/parenting/military-and-veteran-families-support>