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Apr 6th, 10:00 AM - 11:00 AM

Access to Contraceptive Services during the COVID-19 Pandemic: Perceptions of Choose Well Hospital Partners

Rakesh Adelli

East Tennessee State University

Kate E. Beatty Dr

East Tennessee State University

Michael Grady Smith Dr

East Tennessee State University

Amal Jamal Khoury, Dr

East Tennessee State University

Liane Ventura

East Tennessee State University

See next page for additional authors

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Author Names

Rakesh Adelli; Kate E. Beatty Dr; Michael Grady Smith Dr; Amal Jamal Khoury, Dr; Liane Ventura; and Jordan Brooke de Jong



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***Access to Contraceptive Services during
the COVID-19 Pandemic: Perceptions of
Choose Well Hospital Partners***

Rakesh Adelli, Dr. Kate Beatty, Dr. Mike Smith, Dr. Amal Khoury, Liane Ventura, Jordan de Jong

Introduction

- ❖ Unintended pregnancies.
- ❖ Contraceptive decision-making.
- ❖ Access to contraceptive care.
- ❖ COVID-19.
- ❖ Long-acting reversible contraception (LARC).
- ❖ Choose Well (CW) contraceptive access initiative.



Methods:

- ❖ Semi-structured interview guide was used.
- ❖ A codebook was developed based on the interview guide.
- ❖ Data Collection:
 - Were collected in 2021
 - Included key informant interviews (n=9)
 - Participants: staff at CW participating hospitals
- ❖ Interviews were recorded, transcribed, and consensus coded.
- ❖ Select questions of interest were analyzed.
- ❖ Coding was conducted with NVivo software version 1.6.1.

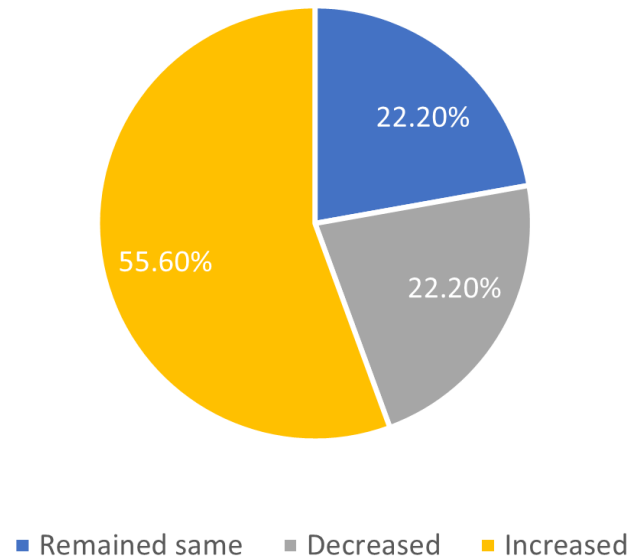




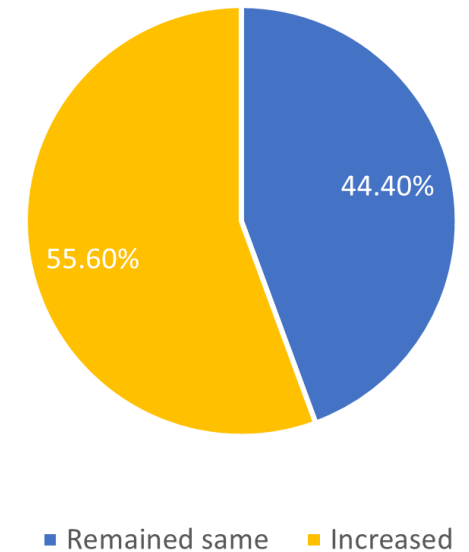
Results:

- ❖ Findings suggest that there was continued provision of contraceptive services during COVID-19 at CW partnering hospitals.
- ❖ Findings suggest that there was an increase in access to contraceptive counseling and LARCs in 2020.

Contraceptive Counseling Access



Implants & IUDs Access





Results:

❖ Facilitators:

Theme	Sub-theme	Representative Quotation
<i>Increased - Access to Contraceptive Counseling</i>	Positions made available	"I really think it's because we have somebody like OB navigators who are dedicated to this work."
	Expanded Access to Outpatient Sites	"I think we're making better use of that and we have expanded from one of our outpatient sites to an additional outpatient site with our two nurse navigators. I think access to specific contraceptive counseling visits has probably improved or expanded a little bit this year."
<i>Increased - Access to Implants and IUDs</i>	Advertising and widespread patient education	"Just teaching about those, there are female condoms, there are male condoms. When I think of Choose Well, I think of Nexplanon and I think LARC, and then I just think over general education about birth control"
	Buy-in and engagement from staff are critical to access	"I think it just takes a lot of skill and time to teach the patients what they need to know about everything, so I was really happy these last residents were really interested in learning about that."



Results:

❖ Barriers:

Theme	Sub-theme	Representative Quotation
COVID-19 negatively impacted clinic	Reduced staffing capacity	“Then the other thing was that for a brief period of time our nurse who typically does in-person patient counseling in an outpatient setting, she was not doing that counseling.”
<i>Decreased - Access to Contraceptive Counseling</i>	Decrease in staff capacity	“We’re trying to decrease the amount of personnel that are involved with patients. One of those would be the counseling.”
	Decrease in patient volume	“Just knowing how quickly people wanted to leave the hospital because of what was going on.”



Conclusion:

- ❖ Increase in access.
- ❖ Continued services during COVID-19.
- ❖ Impact of CW initiative.
- ❖ Policy recommendations.



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Questions?



Thank you