

Recipe for Research Success: Mentorship & Organization

April 11, 2024



First, Some Definitions....



 The systematic investigation into and study of materials and sources in order to establish facts and reach new conclusions.

Research:



 The guidance provided by an experienced person (mentor) in a company or educational institution.

Mentorship:



An Organized Person is:

- Naturally neat, punctual and detailed.
- Their habits and behaviors in life and at work are ordered, planned and efficient.
- They are often reliable, effective, and productive at work.

Superior Mentorship & Organization: Bridge to Research Success

Research Pre-Requisites Knowledge of:

- Methods
- Processes
- Statistics

Educational

(Academic) Programs

(BSN, MSN, DNP, PhD)

- Ethics
- Recruitment

Research Experience



Mentorship

Organization

Inadequate

- Poor quality proposal
- Unclear writing
- ? What to do
- How to do it?
- Struggle
- Floundering

Superior

- Adequate spacing
- Quality Science
- Awareness of proposals to apply for
- Opportuniti

Inadequate:

- Proposal not done in time
- Sloppy, typos
- Rushed at the end
- Things missed

Superior:

- Thoughtful completed work
- Time to reflect, review
- Make sure nothing is missed.

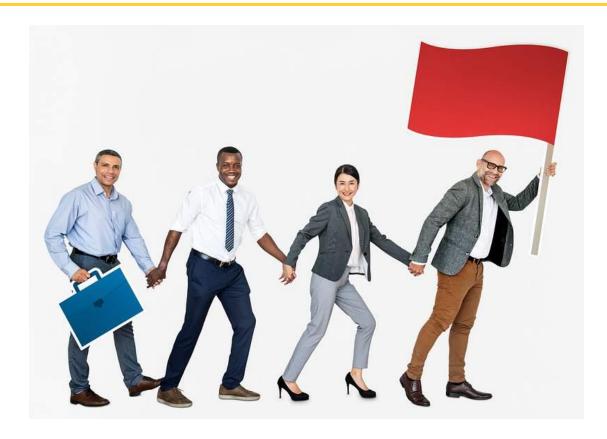
Research Success

Many Definitions:

- Grant submission
- Funding
- Completed projects
- Recruitment of your targeted "n"



Mentorship & Organization: Building Your Bridge







Building that Bridge: Key Ingredients

- Mentorship
- Organization
- Working Efficiently



Mentorship

- Find a mentor who has the skills that you need
- Chose someone that you can work with easily
- Generally, an older, more experienced person
- May have multiple mentors for different skills, roles

• I am a firm believer in that the bigger the knowledge gap, the greater the gains.



Getting Organized

- A good mentor can (hopefully) help you get organized to accomplish career goals, especially in their area of expertise.
- E.g., Nurse scientist = research organization
- Careful, thoughtful process on how to get things done.
- Can include a timeline, schedule, tasks, processes

So, How to Get a Mentor?

- Being in the right place at the right time (luck).
- Get out and meet people.
- Get out and interact with colleagues where you might find a mentor.
- It's really hard to get good mentoring only online.
- Seek out events where the type of mentor you need may gather. (e.g. qualitative mentor- qualitative conference).
- One-on-one mentoring is needed for research success.



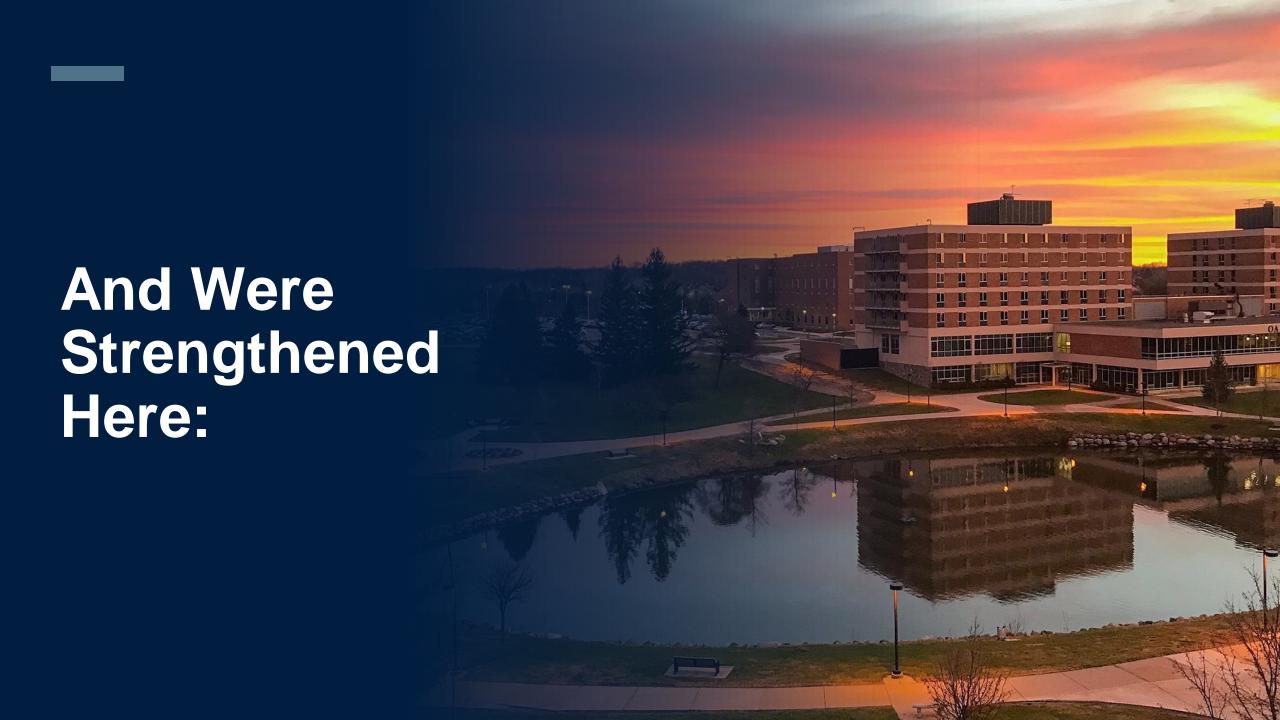
How to Get Organized (and work efficiently)?

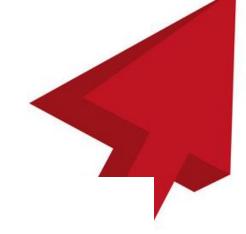
- Be purposeful in your actions and prioritize what needs to be done next.
- Anticipate bigger projects and allocate enough time for completion.
- Work efficiently
- Work on something else if you're not making good progress (if possible)
- Make sure you have enough to do!



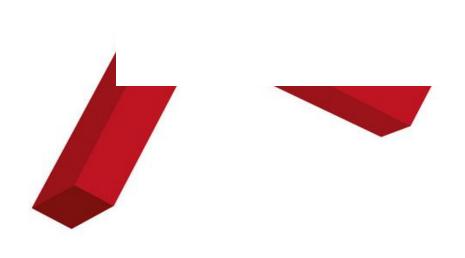
My Organizational Skills Started Here:







And Really Went Up Here:





It's Good to Have Motivation(s):



Women in Leadership









My Girl Scout Friends







My Family





- There are a lot of people in health care systems, and they've all got pieces of the puzzle, but the nurse is the one with the whole picture."
- Marian K. Shaughnessy, DNP, MSN, RN

In Conclusion:

The Recipe for Research Success:

- A big helping of mentorship
- Lots of organization
- Fold in a bunch of motivation
- A pinch of efficiency
- Let it marinate and grow throughout your career
- Serve others; share your recipe
- Enjoy your research success!



Questions?

