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Veterans Upward Bound Newsletters

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2024 Summer - Veterans Upward Bound Newsletter

Veterans Upward Bound, East Tennessee State University

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VUB Summer Semester Information and Instructions

Page three of the newsletter contains the Veterans Upward Bound (VUB) 2024 summer semester schedule of classes. Some of our pre-college classes are taught online using Comfit[®] and Zoom[®] but they still contain all the pre-college class opportunities for most veterans to prepare for entrance into and success in a postsecondary program.

We will continue to offer math and English

tutoring for those who need to brush up on their basic skills.

We also provide tutoring using Comfit[®] online tutoring system for those who need additional preparation before taking the college assessment and placement exam.

Our Zoom[®] tutoring sessions in math, English, and computer skills are taught by Dr. Marian Young. They are offered on Tuesday and Thursday evenings

4 to 6 p.m.

Computer skills class and other pre-college classes meet once a week for the nine-week semester.

Check out the schedule on page three and contact any VUB staff member if you have questions, or to register for classes/tutoring.

If you are already enrolled in college, keep us informed of your progress. Call if you need help, and let us know if you change your address or phone number.

SAEOPP SCHOLARSHIP WINNER



The staff of East Tennessee State University's Veterans Upward Bound would like to acknowledge Holland Boyd for winning the Southeastern Educational Opportunity Program Personnel (SAEOPP) Adult Learner 2023-2024 Scholarship. One college student from each TRIO program across eight southeastern states is nominated for the scholar-

ship. Each nominated TRIO student was required to write an essay explaining to the scholarship committee how their involvement with TRIO effected their lives. The winner of the contest would win a \$500 scholarship for the 2024 fall semester.

The ETSU Veterans Upward Bound staff selected program achiever Holland Boyd to enter the contest based on his outstanding academic record, motivation, determination, and cooperation. He sent the required scholarship materials to the VUB staff, and it was submitted to the SAEOPP scholarship committee for consideration.

It was announced at the SAEOPP spring conference that Holland was the recipient of the \$500 scholarship award to be received for the fall semester.

Congratulations to Holland for his outstanding performance and continuing success in the VUB Program.

2023 Polly Archer Award



The VUB staff would like to congratulate Mr. John Driskell for being selected as the winner of the 2022-2023 Polly Archer Award in the amount of \$500. This award

was established in 1996 to recognize the VUB student with the best academic year performance. John graduated from Northeast State Community College with an associate's degree in biological sciences. At ETSU, he is working on a bachelor's degree in biology and he has earned a 4.0 GPA and made the Dean's List for the 2023 fall semester.

John is an Air Force veteran who served five years as both a command-and-control journeyman and an aircraft armament apprentice. He enlisted in

October of 2016, served with distinction and was honorably discharged in August of 2021. During his service, he was awarded an Air Force Commendation Medal, Air Force Outstanding Unit Award, a National Defense Service Medal, and a Global War on Terrorism Service Medal.

John joined VUB in fall of 2021. The VUB staff provided him with support and preparation for college, which included help with the college application process, the financial aid application, and a better understanding of veteran's education benefits. He also received pre-college tutoring, academic advising, and the program also paid application and orientation fees.

John is commended for his extraordinary efforts in completing the requirements for a degree, his persistence, and example set for others to emulate. The VUB staff wishes the best in all you do.

VUB's Summer 2024 Postsecondary Enrollment

<u>East Tennessee State University</u>		<u>Tennessee College of Applied Technology</u> <u>Elizabethton</u>	
Christopher Blankenship	Navy	Brendan Zeno	Army/ANG
Justin Davis	Air Force	Jonathan Zurowski	Navy
Christopher Pruett	Air Force	<p>Congratulations to these fine veterans who have prepared well and have taken the wise step forward and upward by entering a postsecondary program. We thank you for your service and the sacrifices you have made and will continue to make.</p>	
Brian Watson	Marine Corps/Army		
<u>East Tennessee State University Graduate Studies</u>			
Erika Barker	Army		
<u>Tennessee College of Applied Technology</u> <u>Surgoinsville</u>			
Warren Ely	Army		

VUB's Spring 2024 Postsecondary Graduates

<u>East Tennessee State University</u> <u>Baccalaureate Degree</u>		<u>Northeast State Community College</u>	
Erika Barker	Social Work <i>Summa Cum Laude</i>	Tristan Whitehead	AAS Nursing
Jeremiah Flake	Sociology	<u>Southern New Hampshire Baccalaureate Degree</u>	
Kevin O'Brien	Applied Science	Taylor Hobbs	Psychology
<u>East Tennessee State University</u> <u>Master's Degree</u>		<u>Walters State Community College Certificate</u>	
Brian Higgs	Social Work	Jayne Wright	EMT

The staff of Veterans Upward Bound would like to congratulate all our veterans on the completion of their degrees. It has been a long haul, but we are sure you will agree that it is all worth it.

EAST TENNESSEE STATE UNIVERSITY VETERANS UPWARD BOUND
VUB 2024 SUMMER SEMESTER: APRIL 1 - MAY 31
TENTATIVE SCHEDULE OF CLASSES/TUTORING (ETSU Main Campus)

***Our online ComFit[®] tutorial software is available any time, anywhere!**

ComFit[®] provides online tutorials for students to refresh math, reading and writing. The program focus is primarily on three core subjects that contribute to academic success: language fluency/writing, reading comprehension and math.*

Contact the VUB office for access. (423) 439-2281 | (423) 439-8653

ZOOM[®] TUTORING is available to all eligible veterans.

Zoom[®] Login ID: 830 3163 3695; Passcode: 156469. Tutoring subjects include math, statistics, English and computer skills.

Topic: VUB Zoom[®] tutoring – each Tuesday/Thursday 4-6 p.m. Summer 2024.

Time: 4-6 p.m. 2024 (ET)

Tutor: Ms. Marian Young, Ph.D.; project specialist

CLASSES

COMPUTER SKILLS

Consists of Windows 11 and Office 365
 Monday/Wednesday ~ 9-10:30 a.m. / 2:30-4 p.m.

INTRO TO THE ACTIVE PRACTICE OF STATISTICS
 Tuesday ~ 1:30-3:30 p.m.

LITERATURE/STUDY SKILLS ~ TBD

FOREIGN LANGUAGE ~ TBD

SCIENCE *Includes physics, chemistry, earth science*
 Wednesday ~ 1:30-3:30 p.m.

TUTORING

MATHEMATICS THRU PRECALCULUS

ENGLISH

COMPUTER SKILLS

Monday, Wednesday, Friday ~ 11:30-4:30 p.m.

Tuesday, Thursday ~ 2:00-4:00 p.m.

Call the VUB office to arrange date & time.

ALTERNATIVE LOCATIONS *(Dates/times may be adjusted to meet student needs.)*

ETSU KINGSPORT-ALLANDALE ROOM 234

COMPUTER SKILLS I & II
 Tuesday ~ 9-11 a.m.

ENGLISH/MATH TUTORING
 Tuesday ~ 11 a.m.-12:30 p.m.

BRISTOL PUBLIC LIBRARY

COMPUTER SKILLS/ENGLISH/MATH
 Tuesday ~ TBD

Consult a VUB staff member at (423) 439-2281 to register for classes/tutoring or if you have any questions.

DATES TO REMEMBER

VUB Summer 2024 Semester ~ April 1 - May 31

Memorial Day Holiday ~ May 27

VUB Fall 2024 Semester ~ September 16 ~ November 22

Financial Literacy Information

The lack of financial literacy among veterans in America is one of many reasons for homelessness in the veteran population. In the next few newsletters, we will be publishing articles focusing on the My Money Five concept from the government site MyMoney.gov.

My Money Five



Making the most of your money starts with five building blocks for managing and growing your money -- the MyMoney Five. Keep these five principles in mind as you make day-to-day decisions and plan your financial goals.

Spend

The fundamental concept of Spend is: make a budget or a plan for using your money wisely. It's helpful to set short and long-term financial goals and manage your money to meet them.

ACTIONS YOU CAN TAKE

- Live within your means.
- Be a smart shopper, and compare prices and quality.
- Track your spending habits and develop a budget or spending plan.
- Plan for short-term and long-term financial goals.

HINTS AND TIPS

- A good way to take control of your spending is to set the maximum amounts you plan to spend each week or each month. Once you've set the maximum, stick with your plan.
- It's helpful to track your spending over a few weeks or months to get a handle on how you are using your dollars and cents. Look into using on-line systems or phone apps for keeping track of your spending – you will be amazed at what you'll learn about your habits!
- Be careful not to let a sale or discount coupon persuade you to purchase something you don't really need and that isn't in your spending plan.
- When planning a big purchase, take time to comparison shop and check prices at a few different stores, by phone or online.

Veterans Upward Bound is a unique program designed to assist eligible veterans to prepare for entering and succeeding in a program of postsecondary education. VUB has operated successfully at ETSU since 1980, helping thousands of veterans achieve their educational goals. Through academic counseling, advising, encouraging, motivating, providing basic skill and short-term remedial and refresher courses, assisting veterans in securing support services from other locally available resources such as the Veterans Administration, state veterans agencies, veteran associations, and other state and local agencies that serve veterans, VUB has been an important program in the lives of many veterans.

Take advantage of the many benefits VUB has to offer.

On the web: www.etsu.edu/vub

Facebook: ETSU Veterans Upward Bound

Instagram: @vubetsu

TRIO

VETERANS UPWARD BOUND