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Veterans Upward Bound Newsletters

Summer 4-1-2019

2019 Summer - Veterans Upward Bound Newsletter

Veterans Upward Bound, East Tennessee State University

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Veterans Upward Bound Voice

Ronnie D. Gross, Executive Director

Greg Stout, Associate Director

Carl Cole, Education Advisor

Seth Proffitt, Education Advisor

Beverly Barberi, Advisor

Dale Clements, Advisor

Donna Quillin, Advisor

Joan Hathaway, Executive Aide

Teresa Carver, TRIO Executive Aide

VUB Summer Semester Information and Instructions

Page three of the newsletter contains the VUB 2019 Summer Semester schedule of classes. It contains all the precollege class opportunities for most veterans to prepare for entrance into and success in a postsecondary program.

We will continue to offer math and English tutoring for those who need to brush up on their basic skills. Please call the VUB office to arrange this

individual service. We also provide tutoring for those who need additional preparation before taking the college assessment and placement exam.

Computer skills class meets twice per week, while all other classes meet only once per week. The semester is nine weeks in length.

We recommend participants register for at least two courses, allowing you

to receive the full benefit of the instruction and be better prepared when you enter a postsecondary program.

Check out the schedule on page three and contact any VUB staff member if you have questions or to register for classes.

If you are already enrolled in college, keep us informed of your progress. Call if you need help, and let us know if you change your address or phone number.

GED to Bachelor of Social Work



Congratulations to Mr. Robert "Bob" Evans, for successfully completing his GED, AS in Social Work from Northeast State Community College (NSCC) and a BSW Degree from ETSU. Bob joined VUB in October 2011, just one week prior to his 60th birthday. He was employed full-time at the Veterans Administration Medical Center (VAMC) Mountain Home as a custodian and desired to obtain a degree in social work.

VUB provided GED instruction in math and English, college advisement and admission assistance, and help applying for FAFSA and the VA Vocational Rehabilitation and Employment (VR&E) program. Bob earned his GED Diploma in January 2012 and enrolled the same month at NSCC in a Social Work AS program with VR&E

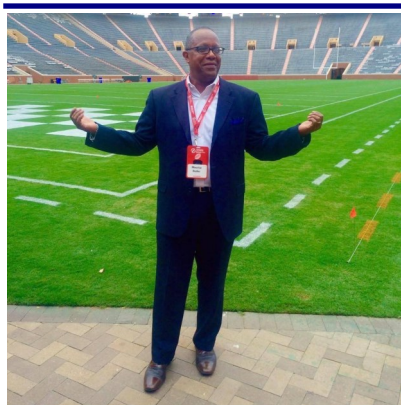
and Financial Aid support. He graduated in August 2014 and immediately enrolled in the ETSU BSW program.

Due to his disabilities, Bob retired from the VAMC in September 2017, but continued toward his education goal. He earned the BSW in May 2018, and began the job search with VR&E's assistance. In September 2018, he was hired by Comprehensive Community Services (CCS) in Kingsport, as a Care Worker.

CCS specializes in drug and alcohol treatment, including residential and intensive outpatient (IOP) and outpatient care. Their mission is "To enhance the ability of clients and their families to succeed in life." They use a person-centered approach, utilizing professionals in a team concept to understand and care about each individual. Bob works closely with adults with drug and alcohol addictions. He observes clients throughout the 28-day treatment program and while they are attending Alcoholics Anonymous and Narcotics Anonymous meetings.

Bob said, "I enjoy what I'm doing and I feel rewarded every day as I see clients continually making progress and getting their life back on track." In addition, he wants to let others know that age should never be seen as a barrier to obtaining one's goals.

Maurice Butler



Veterans Upward Bound would like to congratulate Albert “Maurice” Butler on his recent graduation from the Los Angeles Film School where he earned an Associate of Science degree in Music Production. Maurice was born in Washington, D.C. and lived there until his family moved to a small town in Massachusetts called Falmouth. He graduated from Falmouth High School in 1973 and moved back to the D.C. area to attend college but after one semester he quit and would later join the Navy.

Maurice’s first duty station was Santiago, California in August 1978, where he trained in advance warhead maintenance. On completing his training, he was assigned to the aircraft carrier USS Kitty Hawk in the weapons division. While on board the Kitty Hawk, Maurice earned a Battle E Navy Expeditionary Medal

and two Good Conduct Medals. However, he was injured during an incident involving a plane elevator and spent six months in Balboa Hospital in San Diego, California. He returned to limited duty after his recovery and was assigned to the USS Constellation where he served as a warhead maintenance specialist. After his Constellation assignment, he was stationed in Charleston, South Carolina and was honorably discharged in November 1982.

Maurice has been a musician for 50 years and wanted to return to school to learn more about audio editing, film scoring, and music publishing. He applied for the VA VR&E program and during his interview with his Case Manager, he was referred to Veterans Upward Bound. While in VUB he received academic advising, military benefits information and tutoring in mathematics.

Maurice’s future plans include owning his own at-home mixing/editing studio where he can edit and mix audio as well as possible film scoring and music publishing/licensing. The VUB staff congratulates Maurice on his graduation and wishes him the best as he goes forward with his career plans.

VUB’s Summer 2019 Postsecondary Enrollment

<u>East Tennessee State University</u>	
Jonathan Delgado	Marine Corps
Bryan Lahair	Coast Guard
<u>Tennessee College of Applied Technology Elizabethton</u>	
Dennis Stiltner	Marine Corps
Kelby Wilson	Army NG
<u>Southeast Lineman Training Center</u>	
Codie Coleman	Army

<u>Northeast State Community College</u>	
Travis Johnson	Navy
Jerome Rice	Navy
<u>Walters State Community College</u>	
Nikolas Burger	Marine Corps

Congratulations to these fine veterans who have prepared well and have taken the wise step forward and upward by entering a postsecondary program. We thank you for your service and the sacrifices you have and will continue to make.

VUB’s Spring 2019 Postsecondary Graduates

<u>East Tennessee State University</u> <u>Baccalaureate Degree</u>	<u>California State University</u> <u>Baccalaureate Degree</u>
Gabriel Simerly	Susan Chambers

The staff of Veterans Upward Bound would like to congratulate all our veterans on the completion of their degrees. It has been a long haul, but we are sure you will agree that it is all worth it in the end. As you face a new chapter in your life, we want you to know that our thoughts and best wishes go with you.

EAST TENNESSEE STATE UNIVERSITY VETERANS UPWARD BOUND

VUB 2019 SUMMER SEMESTER : APRIL 29 - JUNE 28

TENTATIVE SCHEDULE OF CLASSES/TUTORING (ETSU Main Campus / VA Campus)

CLASSES

COMPUTER SKILLS

Consists of Windows 2010, MS Word, Internet & E-mail

Tuesday/Thursday ~ 3:45-5:15

INTRO TO THE ACTIVE PRACTICE OF STATISTICS

Monday ~ 1:30-3:30

LITERATURE/STUDY SKILLS

FOREIGN LANGUAGE

Thursday ~ 1:30-3:30

SCIENCE

Includes physics, chemistry, earth science

Wednesday ~ 1:30-3:30

TUTORING

MATHEMATICS THRU PRECALCULUS

ENGLISH

COMPUTER SKILLS

Consists of Windows 2010, MS Word, Internet & E-mail

Monday thru Thursday ~ Flexible Time

Call the VUB office at (423) 439-2281 to arrange date & time.

Check Us Out on the Web!

www.etsu.edu/vub

OFF ETSU JOHNSON CITY / VA CAMPUS CLASSES (Dates/times may be adjusted to meet student needs)

ETSU KINGSFORT-ALLANDALE

COMPUTER SKILLS I

Tuesday ~ 9:00 - 10:30

COMPUTER SKILLS II

Tuesday ~ 10:30 - 12:00

ENGLISH/MATH TUTORING

Tuesday ~ TBD

BRISTOL PUBLIC LIBRARY

COMPUTER SKILLS/ENGLISH/MATH

Tuesday ~ TBD

ETSU NAVE CENTER ELIZABETHTON

COMPUTER SKILLS

ENGLISH

MATH

Monday/Wednesday ~ 5:30 - 9:30

**JOHNSON COUNTY EXTENDED SERVICE
CENTER**

COMPUTER SKILLS

ENGLISH/MATH

Wednesday ~ 4:30 - 7:30

Consult a VUB staff member at (423) 439-2281 to register for classes/tutoring or if you have any questions.

DATES TO REMEMBER

VUB Summer 2019 Semester ~ April 29 - June 28

Memorial Day Holiday ~ May 27

VUB Fall 2019 Semester ~ September 9 - November 15

Financial Literacy Information

The lack of financial literacy among veterans in America is one of many reasons for homelessness in the veterans population. In the next few newsletters, we will be publishing articles focusing on the My Money Five concept from the government site MyMoney.gov.



My Money Five

Making the most of your money starts with five building blocks for managing and growing your money -- The My-Money Five. Keep these five principles in mind as you make day-to-day decisions and plan your financial goals.

The Third of Five Principles - [Protect](#)

The Protect principle means taking precautions about your financial situation. It stresses the importance of accumulating savings in case of an emergency, and buying insurance. Be vigilant about identity theft, and keep aware of your credit record and the credit score.

Actions You Can Take

- Keep your financial records in order.
- Watch out for fraud and scams, and protect your identity.
- Choose insurance to meet your needs, including health care insurance.

Hints and Tips

- A good system for keeping personal money records will include copies of important documents like your will, property ownership documents, information about savings and insurance, and other documents. It should include overview of what happens to property after a major life event occurs.
- Assume that any offer that “sounds too good to be true” - especially one from a stranger or an unfamiliar company --- is probably a fraud.
- Look at your bank statements and bills as soon as they arrive and report any discrepancy or anything suspicious, such as an unauthorized withdrawal or charge.
- Be wary of requests to “update” or “confirm” personal information, especially your Social Security number, bank account numbers, credit card numbers, personal identification numbers, your date of birth or your mother’s maiden name in response to an unsolicited call, letter or email.

Veterans Upward Bound is a unique program designed to assist eligible veterans to prepare for entering and succeeding in a program of post-secondary education. VUB has operated successfully at ETSU since 1980 helping hundreds of veterans achieve their educational goals. Through academic counseling, advising, encouraging, motivating, and providing basic skill and short-term remedial and refresher courses, VUB has been an important program in the lives of many veterans.

Take advantage of the many benefits VUB has to offer.

ETSU is an AA/EEO employer. ETSU-VETAFF-0011-18 250

