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August 2019: Beginning the Fall Semester

College of Graduate and Continuing Studies, East Tennessee State University

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Successful Strategies For Beginning the Fall Semester

TIPS

- Develop a routine.
- Organize class materials for each subject.
- Manage your schedule with a planner. Schedule daily life tasks and school requirements.
- Communicate with professors, graduate coordinators/specialists and advisors.
- Make "To Do" lists
- Make notes.
- Pace yourself and take brain breaks.
- Take a 5 second pause before making big decisions. "Do I need to talk to someone about this first?"
- Read ahead.
- · Go to the library.
- Remove clutter from your work space.
- Contact your Graduate Student Success Specialist for guidance and support!



This & That for Graduate Success



August 2019

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